

Health & PE K-12 Field Endorsement				65 Hours		
Courses	Requirement Met	Course #	Course Name		Pre-Req	Notes
Activity Classes				3 Hours		
Team Activity				0.5		
(select 1)		HHP 111	Flag Football	0.5		Fall Semester - Even years
		HHP 112	Lacrosse	0.5		Fall Semester - 2011
		HHP 116	Basketball	0.5		Fall Semester
		HHP 117	Soccer	0.5		Fall Semester - 2013
		HHP 118	Softball	0.5		Fall Semester - 2013
		HHP 132	Volleyball	0.5		Spring Semester
Leisure/Adventure				0.5		
(select 1)		HHP 142	Orienteering	0.5		Spring Semester - Odd years
		HHP 144	Recreational Sports	0.5		Fall Semester
		HHP 146	Adv/Cooperative Activities	0.5		Spring Semester - Even years
		HHP 147	Alpine Skiing	0.5		Spring Semester - Even years
		HHP 148	Beginning Climbing	0.5		TBD
		HHP 149	Wilderness Adventure Activities	0.5		TBD
Individual/Dual Act				0.5		
(select 1)		HHP 152	Badminton	0.5		
		HHP 154	Golf	0.5		Fall Semester
		HHP 156	Tennis	0.5		
		HHP 157	Bowling	0.5		Spring Semester
		HHP 158	Racquetball	0.5		
Dance Activities				0.5		
(select 1)		HHP 153	Folk Dance	0.5		Spring Semester - Odd years
		HHP 155	Square and Line Dance	0.5		Fall Semester - Odd years
Fitness Activities				0.5		
(select 1)		HHP 161	Aerobic Walking/Jogging	0.5		Fall Semester
		HHP 162	Aquatic Fitness	0.5		Not currently offered

		HHP 164	Cross Training	0.5		Spring Semester
		HHP 166	Weight Training	0.5		
		HHP 168	Aerobics	0.5		Fall Semester - Even years
Aquatics Activities				0.5		
		HHP 17*	Swimming	0.5		Currently not offered; need to substitute activity course
Required Theory				57 Hours		
		HHP 181	Elements of Health	3	HHP 100	Fall Semester
		HHP 182	1st Aid & CPR	2		
		HHP 228	Programs in Ind & Team Activities	3	Soph Status	Fall Semester
		HHP 238	Prog in Rhythm & Dance	1	Soph Status	Spring Semester - Odd years
		HHP 273	Motor Learning & Development	3	PSY 101	Fall Semester
		HHP 291	Foundations of Human Performance	2	HHP 100	
		HHP 365	PE in Elem/Middle Level Educ	3	HHP 100, 291; UL	Fall Semester
		HHP 366	Health Methods & Curriculum Design	3	HHP 181, UL	Spring Semester
		HHP 376	Sec PE Methods & Curr Design	3	UL	Spring Semester
WI		HHP 379	Senior Seminar in K-12 HPE	1	Senior Status	Fall Semester
		HHP 385	Physiology of Exercise	3	BIO 243/343/344; UL	
		HHP 395	Biomechanics	3	BIO 243/343; PHY 109	Fall Semester
		HHP 465	Human Diseases	3	BIO 243/343/344; UL	Spring Semester - Odd years
		HHP 471	Adapted Physical Activity	3	UL	Spring Semester for PE students (Fall sem for Sp Ed)
		HHP 480	Health & Human Sexuality	3	HHP 181; UL	Fall Semester
		HHP 481	School Health Programs	3	HHP 181; UL	Fall Semester - Even years
SL		HHP 484	Community Health	3	HHP 181; UL	Fall Semester - Even years
		HHP 486	Critical Issues in Health	2	HHP 181; UL	Fall Semester - Odd years
		HHP 491	Management of PE & Sports	3	UL	Fall Semester
		HHP 494	Measurement & Evaluation	3	College Math;UL	Spring Semester
		BIO 243	Human Anatomy & Physiology	4		Fall Semester; Sophomore year if possible
Health Topics				5 hours		
(select 5 different courses)						

		HHP 281	Drug Education	1	HHP 100	Fall Semester
		HHP 283	Consumer Health	1	HHP 100	Spring Semester - Odd years
		HHP 284	Stress Management	1		
		HHP 285	Nutrition	1	HHP 100	Spring Semester
		HHP 286 or HHP 287	Men's Health Women's Health	1	HHP 100	Fall Semester - Even years Fall Semester - Odd years
		HHP 288	Health & Aging	1	HHP 100	Spring Semester - Even years
		HHP 289	Violence & Injury Prevention	1	HHP 100	Spring Semester - Even years
G/MC; SL (possible)		HHP 489	Global Health	2-3	HHP 100	Spring Semester - Odd years; Summer - Even years