

**Rule 24 Matrix**  
**Revised: March 2007**  
**Table of Alignment of Standards and Assessments**

**Endorsement: Health**  
**Total Hours Required by Rule 24: 27**

**Grade Levels: 7-12**  
**Program Hours Required by Institution: 35**

**Endorsement Type: Subject**  
**Name of Institution: Concordia University, Nebraska**

Endorsement Program Requirements: Nebraska teacher education institutions offering this endorsement program must have on file, within the institution, a plan which identifies the courses and the course completion requirements which the institution utilizes to grant credit toward completion of this endorsement.

**(For additional lines in each section, please go to the last column and press the tab key.)**

<b>Standard/Description</b>							
<b>006.26D</b> Certification Endorsement Requirements: The health education endorsement program requires a minimum of 27 semester hours in health courses, including foundations and philosophies of health education; science of health education; injury prevention and safety; substance use and abuse; family life education; emotional and mental health; community and environmental health; prevention and control of disease; nutrition; personal health and physical activity; and consumer decision-making concerning health issues.			<b>Candidate Proficiencies</b>				
<b>Course #, Title, and Credits</b>	<b>Course Assessment(s)</b>	<b>Key Program Assessment(s)</b>	<b>Content Knowledge</b>	<b>Pedagogical Knowledge</b>	<b>Skills</b>	<b>Dispositions</b>	<b>P-12 Student Learning</b>
HHP 181 Elements of Health (3) HHP 182 First Aid and CPR (2) Select 5 from: HHP 281 Health Topics: Drug Education (1) HHP 282 Health Topics: Environmental Health (1) HHP 283 Health Topics: Consumer Health (1) HHP 284 Health Topics: Stress Management (1) HHP 285 Health Topics: Nutrition (1) HHP 286 Health Topics: Men's Health (1) HHP 287 Health Topics: Women's Health (1) HHP 288 Health Topics: Health and Aging (1) HHP 366 Health Methods and Curriculum Design (3) HHP 389 Senior Seminar in Health (1) HHP 465 Human Diseases (3) HHP 480 Health and Human Sexuality (3) HHP 481 School Health Program (3) HHP 484 Community Health (3) HHP 486 Critical Issues in Health (2) HHP 494 Measurement & Evaluation in Physical Education (3) Bio 243 Elements of Human Anatomy and Physiology (4) Ed 385 Student Teaching: Secondary (10)							

<b>Standard/Description</b>							
<b>A.</b> Demonstrate knowledge and an understanding of: 1. Injury prevention and safety, including violence prevention; 2. Substance use and abuse; 3. Family life education, including sexuality education, and death and dying; 4. Emotional and mental health, including stress management and bereavement; 5. Community and environmental health; 6. Prevention and control of disease, including STD's, HIV, and AIDS; 7. Personal health and physical activity; 8. Nutrition; and 9. Consumer health;			<b>Candidate Proficiencies</b>				
<b>Course #, Title, and Credits</b>	<b>Course Assessment(s)</b>	<b>Key Program Assessment(s)</b>	<b>Content Knowledge</b>	<b>Pedagogical Knowledge</b>	<b>Skills</b>	<b>Dispositions</b>	<b>P-12 Student Learning</b>

<b>A1 Injury Prevention and safety</b> HHP 181 – Elements of Health (3) HHP 182 – First Aid & CPR (2) HHP 484 – Community Health (3) <b>A2 Substance Use &amp; Abuse</b> HHP 181 – Elements of Health (3) HHP 281 – Topics: Drug Education (1) HHP 484 – Community Health (3) <b>A3 Family Life Education</b> HHP 181 – Elements of Health (3) HHP 480 – Health & Human Sexuality (3) <b>A4 Emotional and Mental Health</b> HHP 181 – Elements of Health (3) HHP 284 – Topics: Stress Management (1) HHP 484 – Community Health (3) <b>A5 Community &amp; Environmental Health</b> HHP 181 – Elements of Health (3) HHP 282 – Topics: Environmental Health (1) HHP 484 – Community Health (3) <b>A6 Prevention &amp; Control of Disease</b> HHP 181 – Elements of Health (3) HHP 465 – Human Diseases (3) HHP 480 – Health & Human Sexuality (3) <b>A7 Personal Health &amp; Physical Activity</b> HHP 100 – Lifetime Wellness (1) HHP 181 – Elements of Health (1) HHP 286 – Topics: Men’s Health (1) OR HHP 287 – Topics Women’s Health (1) BIO 243 – Elements of Human Anatomy & Physiology (4) <b>A8 Nutrition</b> HHP 100 – Lifetime Wellness (1) HHP 181 – Elements of Health (1) HHP 285 – Topics: Nutrition (1) <b>A9 Consumer Health</b> HHP 181 – Elements of Health (3) HHP 283 – Health Topics: Consumer Health (1) HHP 484 – Community Health (3)	Test	Program Interview; HHP Program & Overall GPA; Portfolio (For A1-A9)	X				
	Tests, Skills Test		X			X	
	Test		X				
	Test		X				
	Test, Educ Program		X				
	Test		X				
	Test		X				
	Tests, Unit Plan, Paper		X	X		X	X
	Test		X				
	Test, Ed Prog, Tech Present		X	X		X	
	Test		X				
	Test		X				
	Tests, Educ Prog		X				
	Tests, Project, Comm Serv		X	X			
	Test		X				
	Tests, Proj, Briefs, Notebook		X				
	Test		X				
	Tests, Labs		X			X	
	Tests		X				
	Tests		X				
	Tests, Ed Prog		X	X			
	Tests, Labs		X			X	
	Test, Diet Analysis, Lab		X			X	
	Test		X				
	Tests, Diet Anal, Nutr Assmt		X			X	
	Test		X				
	Tests, Fit Ctr Eval, Ins Assess		X				
	Test		X				

<b>Standard/Description</b>							
B. Communicate the essential purposes of school health education;			<b>Candidate Proficiencies</b>				
<b>Course #, Title, and Credits</b>	<b>Course Assessment(s)</b>	<b>Key Program Assessment(s)</b>	<b>Content Knowledge</b>	<b>Pedagogical Knowledge</b>	<b>Skills</b>	<b>Dispositions</b>	<b>P-12 Student Learning</b>
HHP 181 – Elements of Health (3)	Philosophy, Test	Program Interview; HHP Program & Overall GPA; Portfolio	X				
HHP 366 – Health Methods & Curriculum Design (3)	Curriculum		X	X	X	X	X
HHP 481 – School Health Programs (3)	Resiliency Plan, CSH Strategies, Final,		X	X		X	

<b>Standard/Description</b>
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C. Assess the health behaviors and needs of students;			Candidate Proficiencies				
Course #, Title, and Credits	Course Assessment(s)	Key Program Assessment(s)	Content Knowledge	Pedagogical Knowledge	Skills	Dispositions	P-12 Student Learning
HHP 366 – Health Methods & Curriculum Design (3)	Curriculum, Mini-Lessons, 2-day teaching Experience, Test Development Health Screenings, Sch Hlth Index Tests, Standardized Test Pres, Instrument Development	Program Interview; HHP Program & Overall GPA; Portfolio	X		X		X
HHP 481 – School Health Programs (3)			X	X	X		X
HHP 494 – Measurement & Evaluation in HHP (3)			X	X	X		X
EDU 385 – Student Teaching			X	X	X		X

Standard/Description							
D. Plan and implement school health education;			Candidate Proficiencies				
Course #, Title, and Credits	Course Assessment(s)	Key Program Assessment(s)	Content Knowledge	Pedagogical Knowledge	Skills	Dispositions	P-12 Student Learning
HHP 366 – Health Methods & Curriculum Design (3)	Curriculum, Mini-lessons, 2-day teaching experience	Program Interview; HHP Program & Overall GPA; Portfolio	X	X	X		X
EDU 385 – Student Teaching			X	X	X		X

Standard/Description							
E. Evaluate the effectiveness of school health education;			Candidate Proficiencies				
Course #, Title, and Credits	Course Assessment(s)	Key Program Assessment(s)	Content Knowledge	Pedagogical Knowledge	Skills	Dispositions	P-12 Student Learning
HHP 366 – Health Methods & Curriculum Design (3)	Curriculum, Mini-lessons, 2-day teaching experience Resiliency Plan, Health Screenings, Sch Hlth Index	Program Interview; HHP Program & Overall GPA; Portfolio	X	X	X		X
HHP 481 – School Health Programs (3)				X	X		
EDU 385 – Student Teaching			X	X	X		X

Standard/Description							
F. Collaborate with other professionals in implementing the coordinated school health program;			Candidate Proficiencies				
Course #, Title, and Credits	Course Assessment(s)	Key Program Assessment(s)	Content Knowledge	Pedagogical Knowledge	Skills	Dispositions	P-12 Student Learning
HHP 366 – Health Methods & Curriculum Design (3)	Curriculum, Mini-lessons, 2-day teaching experience Resiliency Plan, Health Screenings, Sch Hlth Index	Program Interview; HHP Program & Overall GPA; Portfolio		X	X		X
HHP 481 – School Health Programs (3)				X	X		
EDU 385 – Student Teaching							

Standard/Description							
G. Act as a resource person in health education;			Candidate Proficiencies				
Course #, Title, and Credits	Course Assessment(s)	Key Program Assessment(s)	Content Knowledge	Pedagogical Knowledge	Skills	Dispositions	P-12 Student Learning

HHP 366 – Health Methods & Curriculum Design (3)	Curriculum, Resource File, Mini-lessons, 2-day teaching experience	Program Interview; HHP Program & Overall GPA; Portfolio	X	X	X	X	X
HHP 481 – School Health Programs (3)	Resiliency Plan, Resource Lists, CSH Strategies		X	X	X	X	X
EDU 385 – Student Teaching							

<u>Standard/Description</u>							
H. Act as an advocate for school health education;			Candidate Proficiencies				
Course #, Title, and Credits	Course Assessment(s)	Key Program Assessment(s)	Content Knowledge	Pedagogical Knowledge	Skills	Dispositions	P-12 Student Learning
HHP 366 – Health Methods & Curriculum Design (3)	Curriculum, Tests,	Program Interview; HHP Program & Overall GPA; Portfolio	X	X	X	X	X
HHP 481 – School Health Programs (3)	Resiliency Plan, Tests CSH Strategies, Sch Hlth Index		X	X		X	