

Lesson Plan

Student Teacher's Name: Sarah Sprague

Grade Level: Seward Youth Center

State Standard: N/A

Subject: After School Activity

Name of Lesson: Encouragement in Teamwork

Period/Time: 4 P.M.-5 P.M.

- I. **Goal:** To lead a group of Seward's youth in a two day after school activity teaching encouragement in teamwork.
- II. **Objectives:** The youth will be able to build one another up through encouragement in teamwork in the youth center on every possible occasion.
- III. **Adaptations for Diverse Learners:** N/A.
- IV. **Materials:** Paper, pen, camera, foam balls, chairs, shoes, blindfolds, CYM supply boxes.
- V. **Procedure (Day 1):** *Each step includes a brief impromptu "discussion" for an introduction (instructions) and conclusion (reflection on "encouragement in teamwork" aspect of the activity).
 - A. Set / Hook
 - Introductions:
 - Leaders' names.
 - Topic.
 - Fruit-Basket Upset.
 - B. Transition
 - Name and a Dance Move.
 - C. Main lesson
 - Eternal Dodge Ball.
 - D. Transition
 - Chain Artist.
 - E. Conclusion
 - "T-E-A-M" body picture.

V. Procedure (Day 2):

A. Set / Hook

-Get Lost.

B. Transition

-Shoe the Donkey.

C. Main lesson

- Minute-to-Win-It.

D. Transition

- Team Imitations (Scenes).

E. Conclusion

-Human Pyramid Picture.

VI. Assessment: *Included in each step's discussion in activity debriefing.

VII. Assignment: N/A.

VII. Self Evaluation: *To be included in presentation.

IX. Coop's Comments: *To be included in criteria.