

**Rule 24 Matrix**  
**Revised: March 2007**  
**Table of Alignment of Standards and Assessments**

**Endorsement: Physical Education**  
**Total Hours Required by Rule 24: 27**

**Grade Levels: 7-12**  
**Program Hours Required by Institution: 36**

**Endorsement Type: Subject**  
**Name of Institution: Concordia University, Nebraska**

Endorsement Program Requirements: Nebraska teacher education institutions offering this endorsement program must have on file, within the institution, a plan which identifies the courses and the course completion requirements which the institution utilizes to grant credit toward completion of this endorsement.

**(For additional lines in each section, please go to the last column and press the tab key.)**

<u>Standard/Description</u>							
<p><b>006.43D</b> Certification Endorsement Requirement: This endorsement shall require a minimum of 27 semester hours in physical education courses for kindergarten through grade 6 or 7-12 endorsements. The K-6 endorsement shall require a minimum of 15 semester hours in scientific foundations including, kinesiology and exercise physiology; child growth and development; motor development and adapted physical education; and a minimum of 12 semester hours in techniques including the development, implementation and assessment in elementary school physical education programs.</p> <p>The 7-12 endorsement shall require a minimum of 15 semester hours in scientific foundations including, kinesiology and exercise physiology; adolescent growth and development; motor development; and adapted physical education; and a minimum of 12 semester hours in techniques including the development, implementation, and assessment in secondary school physical education programs.</p> <p>Applicants seeking both the K-6 and 7-12 endorsements are required to earn a minimum of 39 semester hours of coursework as prescribed above.</p>			<b>Candidate Proficiencies</b>				
Course #, Title, and Credits	Course Assessment(s)	Key Program Assessment(s)	Content Knowledge	Pedagogical Knowledge	Skills	Dispositions	P-12 Student Learning
HHP 182 First Aid and CPR (2) HHP 218 Programs in Team Activities (1) HHP 238 Programs in Rhythms & Dance (1) HHP 248 Programs in Leisure & Adventure Activities (1) HHP 258 Programs in Individual & Dual Activities (1) HHP 268 Programs in Health & Fitness Activities (1) HHP 291 Foundations of Human Performance (2) HHP 273 Motor Learning (2) HHP 385 Physiology of Exercise (3) HHP 395 Biomechanics (3) HHP 399 Senior Seminar in Human Performance (1) HHP 471 Adapted Physical Activity (3) HHP 491 Management of Physical Education and Sportsw (3) HHP 493 Curriculum Development in Physical Education (2) HHP 494 Measurement & Evaluation in Physical Education (3) Activity Classes (3) one each from Team Activities, Leisure/Adventure, Individual/Dual, Dance, Fitness, Aquatics Bio 243 Elements of Human Anatomy and Physiology (4) Ed 376 Methods in Secondary Physical Education (2) Ed 385 Student Teaching: Secondary (10)							

<u>Standard/Description</u>
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<p>A. Demonstrate knowledge and an understanding of the basic concepts and principles of physical education, and their application, including being able to:</p> <ol style="list-style-type: none"> <li>1. Describe the basic content of a physical education program,</li> <li>2. Utilizes appropriate tools of inquiry,</li> <li>3. Describe the growth, development, and learning patterns of children or youth,</li> <li>4. Create learning opportunities that support physical, cognitive, social, and emotional development,</li> <li>5. Describe how individuals differ in their approaches to learning,</li> <li>6. Create and adapt instruction to meet the needs of diverse learners,</li> <li>7. Use individual and group motivation and behavior theory to create a learning environment that encourages positive social interaction, active engagement in learning, and self motivation,</li> <li>8. Use verbal, nonverbal, and media communication techniques to foster inquiry, collaboration, and engagement in physical activity settings,</li> <li>9. Plan and implement a variety of developmentally appropriate instructional strategies to develop physically educated individuals,</li> <li>10. Select and use formal and informal assessment strategies to foster physical, cognitive, social, and emotional development of learners in physical activity,</li> <li>11. Evaluate one's own actions on others (e.g., learners, parents or guardians, and professionals in the learning community), and</li> <li>12. Foster relationships with colleagues, parents or guardians, and community agencies to support learners' growth and well-being.</li> </ol>			<b>Candidate Proficiencies</b>				
Course #, Title, and Credits	Course Assessment(s)	Key Program Assessment(s)	Content Knowledge	Pedagogical Knowledge	Skills	Dispositions	P-12 Student Learning

A1 HHP 291 Foundations of Human Performance	Research paper, presentation, tests	GPA (education)	X			X	
HHP 471 Adapted Physical Activity	Tests, presentation, field experience	Program admissions (education)	X	X	X	X	X
HHP 493 Curriculum Development in Physical Education	Tests, curriculum project	Interviews (HHP)	X				X
A2 HHP 291 Foundations of Human Performance	Research paper, presentation tests	Video/DVD (HHP)	X				
HHP 399 Senior Seminar in Human Performance	Research projects, portfolio, presentation	Portfolios (HHP & Education)	X			X	
A3 HHP 383 Motor Learning	Tests, labs	Student teaching	X				
A4 HHP 218 Programs in Team Activities	Annotated readings, lesson plans, self-evaluation, tests, notebooks (all programs classes)		X	X	X		X
HHP 238 Programs in Rhythms & Dance			X	X	X		X
HHP 248 Programs in Leisure & Adventure Activities			X	X	X		X
HHP 258 Programs in Individual & Dual Activities			X	X	X		X
HHP 268 Programs in Health & Fitness Activities			X	X	X		X
Ed 376 Methods in Secondary Physical Education	Teach mini-lesson, teacher work sample or block plan		X	X	X	X	X
Ed 385 Student Teaching: Secondary			X	X	X	X	X
A5 Ed 376 Methods in Secondary Physical Education	Mini-lesson, teacher work sample or block plan		X	x	X	X	X
A6 HHP 471 Adapted Physical Activity	Test, presentation, field experience		x	x	x	x	x
Ed 376 Methods in Secondary Physical Education	Mini-lesson, teacher work sample or block plan		x	x	x		x
Ed 385 Student Teaching: Secondary			x	x	x		x
A7 HHP 218 Programs in Team Activities			x	x	x		x
HHP 238 Programs in Rhythms & Dance	Annotated readings, lesson plans, self-evaluation, tests, notebooks (all programs classes)		x	x	x		x
HHP 248 Programs in Leisure & Adventure Activities							
HHP 258 Programs in Individual & Dual Activities			x	x	x	x	x
HHP 268 Programs in Health & Fitness Activities							
Ed 376 Methods in Secondary Physical Education	Mini-lesson, teacher work sample or block plan		x	x	x		x
Ed 385 Student Teaching: Secondary			x	x	x		x
A8 HHP 218 Programs in Team Activities	Annotated readings, lesson plans, self-evaluation, tests, notebooks (all programs classes)		x	x	x		x
HHP 238 Programs in Rhythms & Dance			x	x	x		x
HHP 248 Programs in Leisure & Adventure Activities			x	x	x		x
HHP 258 Programs in Individual & Dual Activities			x	x	x	x	x
HHP 268 Programs in Health & Fitness							
Ed 376 Methods in Secondary Physical Education	Mini-lesson, teacher work sample or block plan						
Ed 385 Student Teaching: Secondary							

A9 HHP 218 Programs in Team Activities	Annotated readings, lesson plans, self-evaluation, tests, notebooks (all programs classes)		x	x	x	x	x
HHP 238 Programs in Rhythms & Dance			x	x	x	x	x
HHP 248 Programs in Leisure & Adventure Activities			x	x	x	x	x
HHP 258 Programs in Individual & Dual Activities			x	x	x	x	x
HHP 268 Programs in Health & Fitness			x	x	x	x	x
Ed 376 Methods in Secondary Physical Education	Mini-lesson, teacher work sample or block plan		x	x	x	x	x
Ed 385 Student Teaching: Secondary							
A10 HHP 494 Measurement & Evaluation in Physical Education	Tests, labs		X				
Ed 376 Methods in Secondary Physical Education	Mini-lesson, teacher work sample or block plan		X	X	X	X	X
Ed 385 Student Teaching: Secondary							
A11 Ed 376 Methods in Secondary Physical Education	Mini-lesson, teacher work sample or block plan		X	X	X	X	X
Ed 385 Student Teaching: Secondary							
A12 Ed 376 Methods in Secondary Physical Education	Mini-lesson, teacher work sample or block plan		X	X	X	X	X
Ed 385 Student Teaching: Secondary							