Course Syllabus

I. Course Number and Name: HHP 364—Physical Education Methods in Elementary and Early Childhood Education

II. Credit Hours: One Semester Hour

III. Course Description
Designed for elementary and early childhood education candidates who are not completing a concentration in physical education. Emphasis is on both the theory and practical demonstration of how to develop a physical education curriculum and how to teach the curriculum to elementary and early childhood students.
Prerequisite: HHP-100 and upper level standing.

IV. Course Goals
The purpose of this course is to provide the future teaching professional with the knowledge, skills, and attitudes that will empower him/her to design and provide a worthwhile physical education experience for his/her students.

At the completion of this course, the student will be able to:
1. State the role of physical education in the field of education. (LR-K1)
2. Describe the contribution of organized physical education programs to the whole child. (T-K1; T-D1)
3. Explain the role of the teacher in the implementation of a developmental program in physical education. (LR-K1; T-K1)
4. Develop interpersonal skills enabling candidates to work effectively with students, parents, colleagues, and administrators. (T-D1, 2; LD-D1)
5. Select developmentally appropriate activities for use in elementary school physical education classes and the preschool environment. (T-S2: T-K1: LD-S2)
6. Explain rules and techniques of motor skill activities. (LR-K1; LD-S3)
7. Analyze and evaluate physical education lessons through observations. (LR-S1; LD-S3)
8. State the characteristics and needs of children at different developmental levels. (T-K1; LD-S2)
9. Identify the role of fitness testing in the elementary school. (T-S3)
10. Plan, manage, and instruct an elementary physical education class. (T-S1, 2, 3, 4; LD-K1; LD-S1, 2, 3; LD-D1; LR-K1; LR-S1; LD-K1)
11. Generate educational objectives of the cognitive, psychomotor, and affective domains. (T-S1, 2; T-K1; LD-S2; LR-K1))
12. Construct appropriate lesson plans. (T-S1, 2, 3, 4; T-K1; LD-S1; LR-K1)
13. Adapt physical education materials and instruction to meet the specific needs of children. (T-S1, 2, 3, 4; LD-S1; LR-K1)
14. Demonstrate appropriate classroom management skills in a physical education setting. (T-S2, 4; T-D2)
15. Analyze and apply current research findings. (LR-K1; T-S2)
16. Modify activities to be used with physically or learning impaired children. (LD-S2; LR-K1)
17. Identify the stages of development for basic manipulative skills. (T-K1)
18. Demonstrate movement skills, sport skills, and lifetime activity skills. (T-D2)
19. Apply motor learning principles to teaching situations. (T-S1, 4; LD-K1; LR-K1)
20. Utilize reflection techniques based on observation, assessment, and problem solving strategies. (LR-S1)
21. Generate ideas on how to integrate physical education with other areas of the elementary school curriculum. (T-S1, 2; LD-K1)
22. Develop techniques for inserting physical activity into the typical school day. (T-S1, 2; LD-K1)


VI. Course Content (T-K1; T-S1-4; T-D1,2; LD-K1; LD-S 2, 3; LR-S1; LR-D1)
A. Role of physical education within the curriculum.
B. Goals and objectives of physical education.
C. Influences on physical education today.
D. Developmental characteristics of children and related teaching considerations.
E. Planning for quality instruction.
F. Instructional effectiveness.
G. Management and discipline.
H. Legal liability, supervision, and safety.
I. Student evaluation.

Methodology (T-K1; T-S1-4; T-D1,2; LD-K1; LD-S 2, 3; LR-S1; LR-D1)
A. Guided group discussions.
B. Student presentations.
C. Lecture.
D. Guided practical experiences.
E. Online research.

VII. Student Roles (T-K1; T-S1-4; T-D1,2; LD-K1; LD-S 2, 3; LR-S1; LR-D1)
A. Write and present one or more physical education lessons to the class—at least one will be an integrated plan
B. Attend class and participate in class discussions
C. Develop a report on a journal article on the topic of physical education.
D. Complete a written test.
E. Complete a ten hour field experience in a physical education setting.
F. Generate a reflective journal based on the field experience and class discussions.

VIII. Evaluation (T-K1; T-S1-4; T-D1,2; LD-K1; LD-S 2, 3; LR-S1; LR-D1)
A. Written test
B. Writing cooperative integrated lesson plan
C. Teaching and evaluating cooperative lesson plan
D. Review of journal article
E. Field experience and reflective journal

IX. Bibliography


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